

Dear ones,

As you know, the Mediterranean Institute of Management participates in the Erasmus + program where enable MIM students and graduates to obtain a subsidy for moving abroad for Traineeship **from 2 to 6 months** to companies, universities, research centres or other organizations based in the following European Countries that participate in Erasmus+ Programme:

- The 27 Member States of the European Union,
- and: Iceland, Liechtenstein, Norway, Turkey, the Republic of Northern Macedonia, Serbia.

Students and graduates with Erasmus + sponsorship have the opportunity to:

- Acquire professional experience relevant to their subject matter
- Know the requirements of the European market
- Live for a while in Europe, knowing new cultures and cultures and learning new languages
- Enhance your resume

#### **Beneficiaries:**

Beneficiaries are postgraduate students and / or recent graduates.

It is noted that the mobility of graduates must necessarily be completed up to one (1) year from the date indicated in their diploma.

#### **Non Eligible Hosts:**

- Institutions and other EU bodies, including specialized services:

[http://europa.eu/institutions/index\\_en.htm](http://europa.eu/institutions/index_en.htm) )

- Entities managing EU programs such as national agencies (with a view to avoiding potential conflicts of interest and / or double funding)
- Diplomatic delegations of the student's country of origin eg embassies, consulates.

## Financing:

A travel sponsorship and subsistence allowance is granted, depending on the host country and the length of stay of each beneficiary.

- **Travel expenses**

Granted as sponsorship only in cases where mobility to the host country starts from Cyprus

Distances travelled	Amount per participant (€)
Between 0 and 99 Kilometers	23
Between 100 and 499 Kilometers	180
Between 500 and 1999 km	275
Between 2000 and 2999 km	360
Between 3000 and 3999 km	530
Between 4000 and 7999 km	820
Equals greater than 8000 km	1.500

The amount to be granted as a travel sponsorship on the basis of the above table is calculated using the EU Distance Calculator [\[http://ec.europa.eu/programmes/erasmus-plus/tools/distance\\_en.htm\]](http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm)

- **Life Support**

The amount of the Erasmus + student's monthly grant is determined by the host country as follows:

	Host Country	Amount of Monthly Grant (€)
Group 1 Countries with high cost of living	Denmark, Finland, Iceland, Ireland, Luxembourg, Sweden, Liechtenstein, Norway, Region 14	600
Group 2 Countries with average subsistence costs	Austria, Belgium, Germany, France, Italy, Greece, (Cyprus), Netherlands, Portugal, Spain, Malta, Region 5	540
Group 3 Countries with low living costs	Bulgaria, Croatia, Czech Republic, Estonia, Hungary, Latvia, Lithuania, Poland, Romania, Slovakia, Slovenia, the Republic of North Macedonia, Turkey, Serbia	490
Partner Countries Regions 5 & 14		600

**Procedure:**

Any interested student / graduate:

Looks for and locates a host organization (a) from the list of internships, or via the web at the links: Erasmus Inter <https://erasmusintern.org/> and [https://epso.europa.eu/job-opportunities/traineeships\\_en](https://epso.europa.eu/job-opportunities/traineeships_en) and also Praxis <http://www.praxisnetwork.eu/>

1. Communicates with the host organizations of interest by sending an email with an accompanying letter, informing those responsible for his / her interest in an internship.
2. In the event of a positive response, submit the following forms and supporting documents to the Erasmus + Officer (Elena Christodoulidou) until the closing date for the call for applications.

- Erasmus + Mobility Practice / Vocational Training Mobility

- Documents:

1. Acceptance Letter/email from Host Organization
2. Identity / passport copy
3. Official Transcript of Records
4. Foreign Language Certificates (where applicable)
5. Private Life Insurance
6. Recent Certificate of Unemployment Declaration from the Department of Labor (only for unemployed students)

After submitting the above documents and supporting documents from the student's side, the Mobility Bureau will contact the host organization in order to determine the training program and the required level of knowledge of the working language (if different from the Greek language). After the Host Agreement completes the **Training /Learning Agreement**, it is signed by all Contracting Parties (student, host and Responsible of the relevant Program and attached to the student's application).

**Beneficiaries selection:**

After the deadline for submission of applications, applications are forwarded for evaluation to the Commission. Beneficiaries are selected on the basis of the following criteria:

- Disabled.
- Students who are unemployed.
- Knowledge of the host institution's spoken language, if this is not Greek.
- Incentive to participate in the Erasmus + mobility program.

- Transcript.
- Acceptance Letter from Host Organization

All selected students are informed by the MIM Mobility Bureau about further actions

### **Online Linguistic Support (OLS)**

To help students learn the language of the host organization, the European Commission has set up the Online Linguistic Support Tool, which is licensed for online language assessment and coursework online.